

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rudi van den  
Heever**

Has successfully participated & completed the  
**10 KM - Obstacle Twist Lifestyle Challenge**  
held at D'aria Wine Estate.

**TIME 01:18:18**

**PACE 07:06/km**  
**OVERALL 17 of 40**

**GENDER 11 of 19**  
**40 - 49 3 of 6**

01 March 2020, Sun

Date



*BoutTime*

Signature

